



# Thailand 2025

Muay Thai & BJJ Retreat  
Pattaya, Thailand  
May 12 – 28, 2025



# Pattaya, Thailand

pronounced "Pahtah-yah"

Pattaya is a vibrant coastal city located two hours southeast of Bangkok. It is famous for its lively nightlife, bustling markets, and sandy beaches. While Pattaya has a reputation for its wild nightlife and red-light districts, the city has evolved in recent years to include family-friendly attractions like water parks, themed shows, day spas, and tranquil resorts.

# What's Included

Travel Package  
Price:  
\$1,999 per  
person\*



Airfare: Roundtrip airfare from Denver to Bangkok. Departing May 12. Returning May 28.



Ground Transportation: Roundtrip ground transportation from Bangkok to Pattaya.



Accommodations: Hotel with daily breakfast in Pattaya, May 13 – 28. Shared occupancy\*\*.



Jorge at Fairtex Training Center

\*subject to availability, \*\* single occupancy may have additional cost

# Trip Overview



Options to train Muay Thai, BJJ, and MMA in Pattaya, Thailand.



Enjoy a variety of recovery and relaxation therapy options.



Explore Thai food and culture.



Hans at the ADCC South East Asian Championships in Bangkok.

# Budget

<b>Travel Package (Airfare, transport, hotel)</b>	<b>\$1,999.00 total*</b>
Optional Muay Thai Training (10 sessions)	\$181.00 for 10 sessions at Fairtex
Optional BJJ Training (10 sessions)	\$78.00 for 10 sessions at Fairtex
Food (estimate)	\$10 - \$20 per day
Taxi / Songthaew (estimate)	\$1 - \$2 per day
Emergency Travel Medical Insurance (estimate)	\$50.00 for entire trip (\$1 mil coverage / \$0 deductible)
Thai / Foot Massage (estimate)	\$5 - \$10 per hour
Phone Sim Card (estimate)	\$20 - \$40 depending on data package

\*subject to availability, hotel single occupancy may have additional cost

# Fairtex Training Center Tour



## Fairtex Training Center Tour

Training At Fairtex Training Center: A Behind The Scenes Tour

### Muay Thai:

1 session = \$21

10 sessions = \$181

### BJJ:

1 session = \$9

10 sessions = \$79

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# Fairtex Training Center Tour



A Day of Training At The World Class Fairtex Training Center in Thailand

## Muay Thai:

Mon – Sat, 7:30 – 10 a.m.

Mon – Sat, 3 – 5 p.m.

## BJJ:

Mon – Fri, 6:30 – 8 p.m.

Sat, 10 a.m. – 12 p.m.

## MMA:

Invitation only



# Attractions & Activities





# Optional Activities



7 Best Things To Do In Pattaya Thailand

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# Passports & Visas

- You will need a U.S. passport to enter Thailand. Current processing times are up to 6 weeks so apply for your passport as soon as possible (if you don't have one).
- U.S. citizens can enter Thailand and receive a visa upon arrival, allowing you to stay in Thailand for up to 60 days.

# Requirements to Enter Thailand

- U.S. Passport that will be valid for 6+ months beyond your arrival date in Thailand.
- Proof of onward travel (arranged through the travel group).
- Proof of local residence (arranged through the travel group).
- Proof of sufficient funds (20,000 THB per person).
- No criminal record (criminal history may cause denial of entry).
- No records of overstay in Thailand.

# Apps to Download

- Line messaging app
- Google Translate; download Thai language to phone
- Google Maps; download Thailand map to phone
- Bolt rideshare app
- Grab rideshare app
- Eatigo restaurant deals app
- Food Panda restaurant delivery app
- Hungry Hub restaurant deals app
- Klook activity deals app
- Gowabi spa / salon deals app

# Money in Thailand

- Thailand uses the Thai Baht (THB) as the standard currency. You can exchange U.S. dollars for Baht at the Airport or in many money changing locations around Pattaya. Shop around for the best exchange rate.
- If bringing U.S. dollars to Thailand, large bills (\$100 notes) give you the best exchange rate. Bills must be in pristine condition (think baseball card collector condition). Any tears, marks, or scuffs may cause your bill to not be accepted by money changers.
- It is highly recommended that you get an ATM card that has no foreign ATM withdrawal fees so you can easily withdraw money at ATMs in Thailand. [Charles Schwab offers a free checking account](#) that gives rebates on foreign ATM fees.
- NEVER, NEVER, NEVER use a credit card or debit card to pay for things in Thailand.

# Steroids & Performance Enhancing Drugs

- Anabolic steroids and performance-enhancing drugs (PEDs) are widely available in Thailand, often sold over the counter at pharmacies without a prescription. The use, sale, and possession of these substances can still carry legal risks in Thailand depending on specific laws and enforcement practices.
- Steroids and PEDs sold in Thailand may lack proper regulation, quality assurance, or accurate labeling, potentially exposing users to harmful side effects or counterfeit products. Consulting a medical professional before considering any such products is essential.
- Attempting to bring anabolic steroids or PEDs back to the United States is illegal. These substances are classified as controlled substances under U.S. law and transporting them across international borders can result in severe penalties, including fines and imprisonment. Travelers are strongly advised to avoid purchasing or attempting to import these substances.

# Marijuana & Other Drugs

- In recent years, Thailand has relaxed laws surrounding marijuana, allowing for its regulated medicinal and personal use. Marijuana products are widely available in dispensaries, cafes, and markets across the country. However, the legal framework is still evolving, and strict restrictions remain on the use, possession, and distribution of THC-rich cannabis products outside approved contexts. Public use of marijuana and driving under its influence are also prohibited.
- Illegal drugs, such as methamphetamine, heroin, or MDMA, remain strictly outlawed in Thailand, with harsh penalties for possession, use, or trafficking, including long prison sentences and heavy fines.

# Frequently Asked Questions

Question	Answer
Do I need prior Muay Thai experience to train in Thailand?	No. While world-class fighters train at these facilities, they also train many tourists who lack prior experience.
What is included in the package price?	Roundtrip airfare (from DEN), accommodations, and ground transport between Bangkok & Pattaya.
What is not included in the package?	Optional activities (like Muay Thai), dining, personal expenses, taxis / songthaew, travel medical insurance, phone sim card, etc.
Where will we be staying?	All travelers will be booked at the same hotel (if possible). Rooms are modern with A/C, TV, and are located in the center of Pattaya.
What should I bring?	Casual clothing (it's hot), training gear, personal items.



# Frequently Asked Questions

Question	Answer
What if I don't speak Thai?	Many people speak English where the group will be going. Use of the Google Translate app is typically sufficient for most interactions.
Are there group activities included?	Due to the budget nature of this trip, all activities are optional. You are free to coordinate activities with other members of the travel group. This flexibility allows you to explore in small groups or individually.
What type of electrical outlets are used in Thailand?	Type A & Type C outlets are commonly found with a standard voltage of 220V. A personal voltage adapter (220V to 110V) is highly recommended.
Are laundry facilities available?	Many hotels have coin-operated laundry facilities available. However, there are dozens of laundry shops that will wash, dry, fold, and iron your clothes for a small fee (about \$3.00 per kilo).



Hwangje Barber Shop

# Thank You

Sign up for the [mailing list](#) for more information